



3rd Annual Leaf Chase  
10K Trail Run  
Pine Hill Park, Rutland VT  
Saturday October 13 10:00 AM

Start and Finish: Giorgetti Athletic Complex - Upper parking lot. Oak St. Extension  
Pre-Registration: \$15 - includes a measured course, long sleeve t-shirt for the first 40 registrants, good cheer and a soup/chili lunch with bread.  
Day of race: At the start from 9:00 - 9:45 AM - \$20  
Prizes: Shiny orange pumpkin for the top male and female runner.  
Race information: Cindi Wight 802-773-1822 ext. 13 or cindiwight@comcast.net  
Web: www.marblevalleyrunners.org

The Pine Hill Park Autumn Leaf Chase affords fine running on the late autumn trails of Pine Hill. This course is laid out on well maintained single-track trails and covers a mix of climbing and descending while passing the splendor of Rocky Pond in the autumn where the Canadian Geese often rest on their way south. The course is well marked, including mile markers and provides an aid station out by the pond which is roughly half way.

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Make check out to: Rutland Recreation & Parks Department and mail to: Rutland Recreation, Leaf Chase 10K, 39 East Center St. Rutland, VT 05701

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

E-mail address (please print): \_\_\_\_\_ T-shirt size: \_\_\_\_\_

In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the organizers, sponsors, coordinating groups, and any individuals associated with the event, their representatives, successors and assignees and will hold them harmless for any and all injuries suffered in connection with this event, including those which may be attributable to weather conditions. I attest that I am physically fit to complete in the race I have entered, and have been sufficiently trained for the completion of this event, including hydration. Further I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event.

Signature: \_\_\_\_\_ Parent/Guardian if under 18: \_\_\_\_\_